

MCINTOSH TRAIL  
COMMUNITY SERVICE BOARD

POLICY NO. 2120  
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SUBJECT: SPECIAL TREATMENT PROCEDURE - SECLUSION

EFFECTIVE  
DATE: 02-15-10 (replaces 04-01-05)

APPROVED BY:

Reviewed (no changes): 04-06-11 \_\_\_\_\_  
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Executive Director

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POLICY

It is the policy of McIntosh Trail CSB that seclusion and restraint are practices which are contrary to the basic behavioral health care values of maintaining consumer rights and dignity, as well as potentially risking physical and psychological harm. Therefore, seclusion shall be limited to emergency use at Pine Woods, and the internal policies of Pine Woods shall actively seek to reduce the use of this practice. In lieu of physical restraint, McIntosh Trail practices Non-Violent Crisis Intervention in all service programs. (See Policy 2118.)